



Suicide First Aid Training

AS.I.S.T.

(Applied Suicide Intervention Skills Training)

23rd & 24th September
2 Day workshop

P.I.P.S. Newry & Mourne

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SUICIDE SAFER COMMUNITY

Suicide Prevention Month

September 10th 2009

Out of the Darkness Community Walk

Walk to honour a loved one

Walk to Prevent

Walk to Raise Awareness

Thurs September 10 at 12.30pm to 1:30pm

Join us for our 1st Lunch Walk to prevent suicide and remember a loved one, The walk will take place in Newry City, at the front of the City Hall, start time will be 12.30pm it will continue through Newry via Monaghan Street, Patrick Street, Dominic Street, Bridge Street, Then, Up the Quays (Front of: The Buttercrane Centre, Canal Court Hotel), and back to the City Hall, where the balloons will then be released to symbolise those who have been lost to suicide.

Ongoing Programs

Suicide Prevention Help Shape Solutions

How can communities prevent more suicides from occurring?

Are we doing enough to prevent suicides?

What could we do better?

Come and join us and take this opportunity to make a difference.

Light Refreshments served, No Cost

Suicide Safer Community

Mayobridge Community Centre,

September 17th 7.30pm – 9.30pm

Burren Community Forum

Burren Heritage Centre,

September 28th 7.30pm – 9.30pm

Suicide in Northern Ireland

Southern Area Statistics

Myths & Facts

Pharmacy D.U.M.P. program

Coping with Loss/ Grief after suicide

Protective factors of suicide

Light Refreshments Served No Cost

